



TATHAGATA MEDITATION CENTER

1215 Lucretia Ave, San Jose CA 95122 Tel: (408) 294-4536 Website: [www.tathagata.org](http://www.tathagata.org)



## Food Offering to Sangha and Yogis

### Summer 2014 Special Children's Dhamma Retreat

From July 23<sup>th</sup> to July 27<sup>nd</sup>, 2014

Food offering to Sangha and yogis during a retreat bring about immeasurable merits to donor. Following are the words of the Buddha about the merits of food offering:

**'Monks, in giving a meal, a giver gives five things to an almsman. What five? He gives life, beauty, ease, strength and wit; but in giving these he becomes a partaker in each quality, in heaven and among men. Monks, these are the five things: life, beauty, ease, strength and wit.**

*In giving life and strength and beauty, wit,  
In giving easy, wise men find happiness:  
Whoso shall give these gifts shall have long life  
and honour, wheresoe'er they be reborn.'*

Anguttara Nikaya, Book of Fives, Chapter 4 'Sumana', Paragraph 37.

Please fill out the form below and return it to Tathagata Meditation Center at 1215 Lucretia Avenue, San Jose, CA 95122.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Amount of Donation: \_\_\_\_\_

Date of Offering: \_\_\_\_\_ Or check here for anyday: \_\_\_\_

*Merits are shared to the following persons:*

\_\_\_\_\_  
\_\_\_\_\_

May the merits of this meritorious deed bring you much prosperity, happiness, good health and suitable conditions for your wisdom cultivation leading to enlightenment.

