



TATHAGATA MEDITATION CENTER

1215 Lucretia Ave, San Jose CA 95122 Tel: (408) 294-4536 Website: www.tathagata.org



Food Offering to Sangha and Yogis

Summer 2017 Special Young Adult Meditation Retreat

From July 21st to July 25th, 2017

Food offering to Sangha and yogis during a retreat bring about immeasurable merits to donor. Following are the words of the Buddha about the merits of food offering:

'Monks, in giving a meal, a giver gives five things to an almsman. What five? He gives life, beauty, ease, strength and wit; but in giving these he becomes a partaker in each quality, in heaven and among men. Monks, these are the five things: life, beauty, ease, strength and wit.'

*In giving life and strength and beauty, wit,
In giving easy, wise men find happiness:
Whoso shall give these gifts shall have long life
and honour, wheresoe'er they be reborn.'*

Anguttara Nikaya, Book of Fives, Chapter 4 'Sumana', Paragraph 37.

Please fill out the form below and return it to Tathagata Meditation Center at 1215 Lucretia Avenue, San Jose, CA 95122.

Name: _____

Address: _____

Amount of Donation: _____

Date of Offering: _____

Or check here for any day: ____

Merits are shared to the following persons:

May the merits of this meritorious deed bring you much prosperity, happiness, good health and suitable conditions for your wisdom cultivation leading to enlightenment.